

**72  
HOURS**

If an emergency happens in our community, it may take emergency workers some time to reach you. **You should be prepared to take care of yourself and your family for a minimum of 72 hours.**

**Basic items you will need to survive for 72 hours:**

- Water - at least two litres of water per person per day (including small bottles that can be carried easily in case of an evacuation order)
- Food - that won't spoil, such as canned food, energy bars and dried foods
- Manual can opener, Flashlight and batteries
- First Aid Kit, Extra keys for your car and house
- Candles and matches or lighter
- Special items such as prescription medications, infant formula and equipment for people with disabilities
- Some cash in smaller bills, such as \$10 bills and change for pay phones
- Battery-powered or wind-up radio (and extra batteries)
- A copy of your emergency plan including contact information

**Recommended additional kit supplies:**

- A change of clothing and footwear for each household member
- Sleeping bag or warm (foil) blanket for each household member
- Garbage bags for personal sanitation
- Toilet paper and other personal care supplies
- Safety gloves, Basic tools, a whistle
- Small fuel-driven stove and fuel
- Two additional litres of water per person per day for cooking and cleaning

For more information visit [www.embc.gov.bc.ca](http://www.embc.gov.bc.ca)

For more information about the Safety and emergency planning visit the City of Nanaimo website [www.nanaimo.ca](http://www.nanaimo.ca)

**Closures for Inclement Weather**



School Closure announcements come to you in the morning through the local Nanaimo radio stations:

**WAVE 102.3 FM and WOLF 106.9 FM**

The district also updates the district website and communicates via Twitter and Facebook with news about school closures. Please be aware that power outages or technical problems may prevent the updates from happening quickly.

**Stay connected, get the NLPS APP**

Did you know that the Nanaimo Ladysmith Public Schools District has a mobile app? To make sure you receive the most up-to-date notifications from our school or from the district, download the app on your [Apple](#) or [Android](#) device. To get this app visit our school webpage for the links



Rutherford Elementary



Safety  
Awareness  
Education



5840 Hammond Bay Rd. Nanaimo V9T 5M6

250 758-5331

Principal Dr. Rob Hoban, Secretary Ms. Violet Walter

[www.myutherford.ca](http://www.myutherford.ca)



## At Rutherford safety is our **PRIORITY**

We take safety seriously at Rutherford and as part of our program we offer safety education, conduct regular safety drills plus we maintain First Aid and emergency safety supplies.



**Fire Drills:** We practice 6 Fire Drills per year; 3 in the Autumn and 3 in the Spring focusing on quick and efficient evacuation of the building.



**Earthquake Drills:** For earthquake drills we practice the Duck, Cover and Hold technique then evacuate the building.



We will be participating in the ShakeOutBC drill on October 20th.

## Building Security Drills:

Students and staffs practice building security drills where we control outside access to the building and keep students safely sheltered inside the school and their classrooms.



## Reconnecting you with your child

In the event of an evacuation our goal is to reunite you with your child as soon as possible.

In the event of a **Fire evacuation:** Pick-up your child at the school (upper field).

In the event of an **Earthquake evacuation:**



Pick-up your child at our outside evacuation area which is on the upper field. If further evacuation is needed we will move to the City of Nanaimo's Emergency Reception Centre at 6000 Oliver Road.

## Important Information

**We need your up-to-date contact info and emergency contacts.** Please keep this information up-to-date to help us re-unite you with your child as soon as possible. We need a **DAYTIME** phone number in order to be able to reach you.

**We will only release your child to people listed on your contact form** as emergency contacts—be sure this information is accurate and up-to-date.

**Be sure to tell your child to stay with school staff** until you or someone you trust picks them up from the evacuation site. Going home alone can be dangerous. We will provide first aid care, shelter, food and security until you pick-up your child.

## Smart use of Technology

In the event of an evacuation a cellphone can be a useful tool if it is used correctly. Ensure that your child **DOES NOT** use the cellphone until safely out of the building... **after** that it is safe to send a message.



Use **TEXT** instead of voice calling as texts are more likely to get through in the event of an emergency.

Keep messages simple... If your child texts “school evacuation, I’m OK, pick me up” it gives you a clear idea of what is happening and peace of mind that she/he is safe.



Your child should not “Tweet” about the event. Our district Twitter **@sd68bc** and our **School District APP** will have the most accurate details and information.

**PLEASE DO NOT CALL THE SCHOOL DURING AN EVACUATION. WE WILL NOT BE ABLE TO ANSWER YOUR CALL AND WE NEED OUR LINES CLEAR FOR EMERGENCY COMMUNICATIONS.**

